

SCNOVA SNAPSHOT

2025 Rides: 2,700

2025 Miles Driven: 14,000

2025 Volunteer Hours (all services): 14,400

Rides Since 1999: 28,000

Miles Driven since 2014: 140,000

Total Volunteer Hours since 2000 (all services): 218,600

Current Participants: 495

Current Volunteers: 190

Volunteer Value 2000- 2025: \$5,508,300

Community Partners: NV Rides, Inova, Kaiser, Volunteer Fairfax, RSVP, Food for Others, Spur Local, 18+ Congregational Partners, Vienna Business Association, Reston Association, Herndon Senior Center, and growing.

501 (c)3 Nonprofit established in 1998

Tax ID: 54-1882048

Contact: Executive Director, (703) 281-0538

The Shepherd's Center of Northern Virginia (SCNOVA) has a vision to create a world without loneliness by transforming aging into an empowering experience to live a life of meaning. Our mission is to create meaningful opportunities for service, lifelong learning, social connection, and independent living for older adults in the communities of Vienna, Oakton, Reston, Herndon, Great Falls, Dunn Loring and parts of Fairfax.

SCNOVA offers adults age 50+ free volunteer-led **transportation** for medical and non-medical services, no income qualifications are required, participants have direct access (no referrals required), **friendly callers** and **friendly visitors**, **handy helpers** for small home and yard maintenance, technology assistance, **caregiver support groups**, **wellness programs**, **opportunities for service** and **social events** throughout the year.

Nationally, among those aged 65 and older, one in five do not drive either for health or economic reasons. In a recent national survey of older adults, sixty-four percent of respondents identified the lack of transportation and access to medical care as a major barrier to health and well-being. Seventy-seven percent of all SCNOVA rides in 2025 were for medical needs. Food and shopping followed at seventeen percent. By providing free and flexible solutions to these challenges, SCNOVA enables access to health, medical, behavioral, nutrition, and social activities that are otherwise unattainable.

SCNOVA actively pursues relationships with volunteer organizations, community and nonprofit partners, health advocates, foundations and others with a shared mission, especially those with a focus on social connection for older adults. The CDC reports 1 in 3 adults state feeling lonely in the last 12 months. Older adults who live alone, experience chronic illness, lack of transportation and experience physical frailties are more vulnerable to the detrimental impacts of social isolation. Indeed, one participant recently stated, "every ride is like meeting a new friend!"

SCNOVA holds a 501(c)3 nonprofit status and is an independent affiliate of the Aging Forward Alliance (formerly Shepherd Centers of America), which offers national support to over 55 organizations across the nation.