

2025 ANNUAL REPORT

The Shepherd's Center of Northern Virginia



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Shepherd's Center of Northern Virginia
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www.scnova.org

Dear Friends of the Shepherd's Center,

The Shepherd's Center of Northern Virginia is pleased to share our 2025 accomplishments, made possible through the dedication of our Board of Directors, staff, volunteers, supporters, sponsors, and community partners. Together, we continue to promote healthy and engaged living for older adults while fostering an inclusive community for people of all ages.

In 2025, Shepherd's Center volunteers contributed more than 8,400 hours of service across our transportation, social engagement, wellness, caregiver support, and handy helper programs. Volunteers provided more than 2,700 rides and drove over 14,000 miles to support older adults throughout Northern Virginia. Of those rides, 77% were healthcare-related, helping participants access essential care and maintain their independence.

Guided by the vision of Dr. Elbert Cole, founder of the first Shepherd's Center in 1972, we continue to empower older adults to remain active, connected, and engaged in their communities. Our volunteers are the heart of this work, contributing their time, talents, and care to help older adults navigate life's challenges and opportunities. Their dedication strengthens the fabric of our community and demonstrates the power of neighbors helping neighbors.

We are deeply grateful to our sponsors, grantors, community partners, and individual donors. This support enables us to expand our reach, particularly in underserved areas. Your investment in our mission helps ensure that older adults have access to essential services, meaningful connections, and the support they need to remain active and engaged. Together, we are removing barriers, strengthening community ties, and creating opportunities for older adults to thrive.

Our annual Pickleball Fundraiser once again brought together sponsors, donors, players, volunteers, and community members in support of the Shepherd's Center. Your enthusiasm and generosity continue to strengthen our mission and expand our impact on the lives of older adults throughout Northern Virginia. We were equally encouraged by the strong support received during our Mid-Year Campaign, Giving Tuesday, and Annual Appeal. Together, these efforts strengthened our ability to provide vital programs and services that help older adults remain engaged in their communities, maintain meaningful connections, and age with dignity.

As you read through this report, we hope you will see the impact you have made and share our optimism for the future. Together, we are building a stronger, more connected community where older adults can thrive.

With heartfelt appreciation,

W. Scott Schroth
Chairman, Board of Directors

Jayne Young
Vice-Chair, Board of Directors

Carolyn Pennington
Executive Director

Vision

Creating a world without loneliness by transforming aging into an empowering experience to live a life of meaning.

Mission

Our mission is to create meaningful opportunities for service, lifelong learning, social connection, individual well-being, and independent living for older adults in the communities we serve.

CORE VALUES

Compassion: Providing caring and engaging experiences that reflect and serve the needs of older adults

Community: Building relationships across volunteers and our older population, thereby creating rewarding personal and group connections

Services: Giving back by working together to provide services that empower and transform the daily lives of older adults

What is the Shepherd Center of Northern Virginia (SCNOVA)? We are a volunteer-based, non-denominational, non-profit organization dedicated to promoting and supporting purposeful, independent living for mature adults through free transportation assistance, support services, volunteer opportunities, and lifelong learning. Founded in Vienna-Oakton in 1998, we now serve Vienna, Oakton, Dunn Loring, Reston, Herndon, Great Falls, and parts of Fairfax. Over 200 volunteers help organize and administer the activities of SCNOVA. We are one of 55 independent Shepherd's Centers in the United States and are members of the Aging Forward alliance, formerly known as the Shepherd's Centers of America.



April, 2026: SCNOVA received a commendation from the Virginia House of Delegates for its long-standing service to the community. Pictured here, left to right, are Board Members Marsha Komandt, Charles Choi, Alexandra Sullivan, Delegate Karen Keyes-Gamarra, Delegate Holly Seibold, Board Chair W. Scott Schroth, Executive Director Carolyn Pennington, Board Vice Chair Jayne Young, and Board Member Scott Honiberg.

2026 Board of Directors

Board Chair, W. Scott Schroth
Board Vice Chair, Jayne Young
Treasurer, M. Leigh Banducci
Secretary, Michelle Kang
Akram Aleahmad
Charles Choi
Timothy Dodd

Richard Duesterhaus
Scott Honiberg
Marsha Komandt
Anna Marie Mariani-Huehn
Robin Portmann
Alexandra Sullivan

2025 Services

Medical & Companion Transportation: Rides for medical, dental, physical therapy, food, banks, civic engagement, exercise classes, social, community center, faith, and other destinations of choice. In 2025, volunteers provided over 2,700 rides.

Friendly Callers & Visitors: Over 500 connections were made both in person and over the phone through these peer-to-peer interactions.

Handy Helpers: 26 Handy Helper visits were made for technology assistance, minor home repairs, and yard clean-up.

Caregivers Support Group: Facilitated by SC volunteers, this group met virtually twice a month throughout the year to provide support to family caregivers of loved ones with dementia. This group is supported by peer leaders who have experience with this journey and can share ideas and resources.

2025 Programs

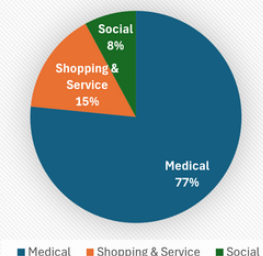
Health & Wellness Classes: Over 580 participants enjoyed a variety of active opportunities such as Aging Exercise Class via Zoom; Tai Chi & QiGong, with classes twice a week throughout the year, and a weekly in-person Walking Group.

Volunteer Appreciation Luncheon: In April, we recognized the contributions of our wonderful volunteers, who provided over 8,400 hours of support in 2025. Seven SCNOVA volunteers received a pin award, three volunteers received Town of Vienna recognition awards, and Casey and Jack Tarr received the Ed Lowry Award.

Lunch N' Life: Luncheon programs featured new entertainment from LSIN's Murder Mystery Lunch as well as annual favorites like the Holiday Tea & Sweets and The Appraisal Roadshow. SCNOVA partnered with the Vienna Community Center to host community Mardi Gras and Thanksgiving luncheons. These events welcomed over 400 attendees and helped fulfill the SCNOVA mission to create meaningful opportunities for social connection and to reduce social isolation.

Annual Fundraiser: SCNOVA proudly hosted its fourth annual Pickleball Fundraiser in Herndon, Virginia. The Fundraiser supports Center operations while advancing our mission of healthy, independent, and active aging. Under the leadership of Board Vice-Chair Jayne Young, the Development Committee secured sponsors, players, auction and raffle donations, and community support that made the event a huge success. We extend special thanks to our Title Sponsor, The Adler Foundation, and Visionary Sponsor, Robin Portman, for their generous support.

2025 Rides by Category



Transportation participants appreciate the ability to use SCNOVA services for their destinations of choice. That said, requests for medical appointments, dental, physical therapy, psychological, and other wellness needs remain paramount.

77



New Transportation
Participants in 2025

500



Over 500 Registered
Transportation Participants

The Shepherd's Center is grateful for the many volunteers who are the heart, hands, and soul of the Center. Their extraordinary contributions to others are a tribute to older adults everywhere who bring new meaning to community service.

In 2025, 128 volunteers contributed over 8,400 hours, conservatively valued at \$289,128.

400 + Hours

Jean Bastien
Douglas White
Jayne Young

250 -399 Hours

Wolf Scherer****
Nancy Appler
Leigh Banducci
Frank Fico
Ann Nelson
W. Scott Schroth

100-249 Hours

Marcia Baumgartner
Charles Choi*
Peggy Coleman
Joe Cowden*
Margaret Davis
Timothy Dodd
Joanne Gryski*
Sue Harpe
Scott Honiberg
Marsha Komandt
Michael Mulreany
John Roney
Michelle Shea*
Ann Streb
Patrick Tansey
Casey Tarr***

Up to 100 Hours

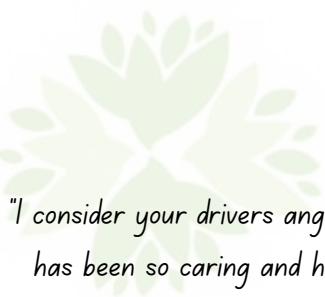
Akram Aleahmad
Andrew Aloush*
Darla Anderson
Monjed Barakat
Susan Bauer
Tom Bauer
Ellie Bechtle
Michael Bell
Jill Belsky
George Bergquist
Barry Bielsker
Joe Bock
Craig Bradley
Bob Brennan
Sally Bryan-Prell
Tina Cardenas
Robert Carr
Kim Carroll*
Susan Cervola
Georgia Chirieleison
Joy Choi
Christian Clifford
Lu Cousins
Mary Cowden
Irene Coyne
Kay DeMarco
Leena Dhawan
Mei Chou Donovan
Richard Duesterhaus
Jack Edelstein
Frieda Errico
Michelle Fisher
Chris FitzGerald
Robert Gambarelli
Robert Gehring

Up to 100 Hours Cont.

Larry Gibson
Charlene Gormley
Donald Graves
Ellen Grealish
Karen Hager
Elena Hamann
Paula Hay
Phyllis Haynor
Megan Hilal
Karen Holley
Briana Howard
Christine Hyland
Michael Jawer
Michelle Kang
Robert Kirschman
Jeffrey Kroese
Diane LaHaie
Elizabeth Lannon
Annice Lee
Nancy Limprecht
Marta Linares**
Lauren Longshore
Cameron Lyons
Sarah Maller
Leigh Mallis
Patricia Mantey*
Annamarie Mariani-
Huehn
Melanie Marinaro
Victor Martinez Pietri
Jill Miller
Kris Miller

100 Hours Cont.

Marianne Monek
Lynn Murphy
Becky Ng
Melinda O'Brien
Debby Osganian
Tom Painter
Gary Petty
Robin Portman
Linda Puff**
Hisham Radwan
Bruce Schober
Linda Shearer**
Celeste Sichenze
Ann Smith
Wanda Snuggs
Pauline Solomita
Sue Sottile
Joseph Stone
Alexandra Sullivan
Jack Tarr***
Mary Anne Taylor
Gwendolyn Thomas
Jasmine Trannguyen
Constance VanZandt
Patti Vaughn
Krishna Vijn
Susan Voss
Moira Wait
Margaret Welsh
Kristen Williams
Mary Williamson
Janice Wolf
Jennifer Youngen



"I consider your drivers angels and a Godsend. Everyone has been so caring and has made me feel safe and sound. I can't praise you enough"
- Transportation participant, March 2026

* 2025 Pin Awardees

** Town of Vienna Awardees

*** Ed Lowry Award Recipients

**** Aging Forward 2025 National Volunteer of Excellence Awardee



2025 Pickleball players, sponsors, volunteers and supporters

Title Sponsor (\$25,000)

The Adler Foundation*

Visionary Sponsor (\$10,000)

Robin Portman*

Strategic Sponsor (\$5,000)

Navy Federal Credit Union*

Community Partner (\$2,500)

Heavenly Paws Cremations*

Melinda & Jake O'Brien*

Money & King Funeral Home*

Rappaport Management

Dennis & Rebecca Pick*

United Bank Vienna*

VLP Financial Advisors Inc*

Premier Sponsor (\$1000)

AARP Virginia*

BrightStar Care*

Clark Construction Group

Comfort Keepers Sterling*

Synergy Home Care

Vienna Rexall Drug Center Inc*

Virginia Cancer Specialists*

Virginia Heart*

World Gate Athletic Club & Spa*

Benefactor Sponsor (\$500)

Ararity & MG Movers*

Caring Considerations*

Eldementals Care Management*

JDA Homes*

Kensington Reston*

National Spine & Pain Centers

Vienna Business Association*

Vienna Presbyterian Church*

Patron/Friend (\$250)

Brighter Smile Family Dentistry

Café Amouri*

Care With Love

ComForCare*

Hopwood Financial*

Pure Green Vienna

Nolan & Mroz, Tom Appler*

Tall Oaks Assisted Living*

Vienna Manor Assisted Living

** Multi-year Sponsors*

Please visit our website to support these sponsors who support the Shepherd's Center!

Event Sponsors

Brightview Senior Living*

Eldementals Care Management*

Foster's Grille of Vienna*

Great Falls Memory Care by Artis*

Greenspring Village Retirement Community*

Hunters Woods at Trails Edge*

John Hopkins Health Plans

Kensington Reston*

NY Life

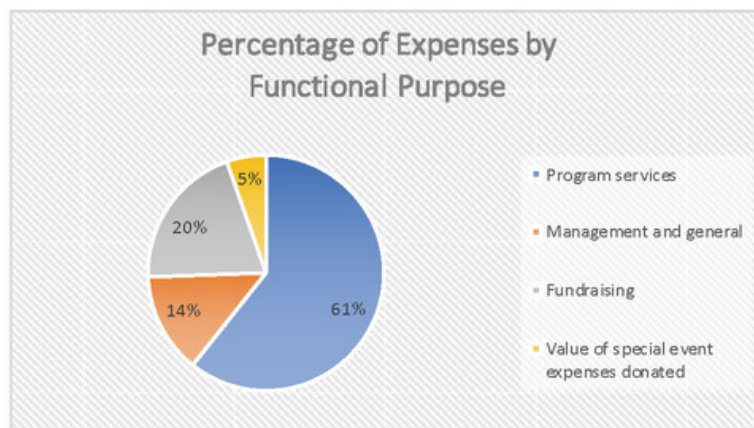
Sunrise of Hunter Mill*

RHC Realty, LLC*

** Multi-year Sponsors*

Statement of Revenues and Expenses
For the year ended December 31, 2025

Revenue and other support:		
Grants	\$ 147,493	26%
Contributions	125,327	23%
Special event contributions	97,831	18%
Value of donated goods and services	34,851	6%
Other fundraisers and sponsorships	14,999	3%
Program revenue	7,090	1%
Investment income - primarily from endowment	127,098	23%
Total revenue and other support	<u>\$ 554,689</u>	<u>100%</u>
Expenses:		
Program services	228,793	61%
Management and general	51,863	14%
Fundraising	76,016	20%
Value of special event expenses donated	20,353	5%
Total expenses	<u>\$ 377,025</u>	<u>100%</u>
Revenue in excess of expenses	<u>\$ 177,664</u>	



Thank you for your support!

Thank you to all the individual donors who support SCNOVA. Your generosity supports a healthier community where people of all ages can live with dignity. As a non-profit organization, your support throughout the year is vital to help maintain the on-going operations and programs.

The Shepherd Center of Northern Virginia offers special appreciation to an anonymous donor whose numerous and considerable personal donations have made a significant impact on our mission and the broader community.

We also wish to acknowledge the generosity of our **Legacy Society members**, who serve as an inspiring example of dedication and philanthropy. Each legacy gift reflects a personal commitment to SCNOVA's mission and helps ensure that vital services remain available to the older adults we serve.

Qualified Charitable Distributions (QCDs) and IRA Distributions

Are you aware that IRA owners over 70 1/2 who are required to take a minimum distribution annually may contribute directly from a traditional IRA to a qualified charity? This is called a qualified charitable distribution (QCD). Here's the good news. SCNOVA is a qualified 501 (c)(3) charity. This is a wonderful way to support our work while also saving on your taxes.

Per IRS rules, you may donate up to \$100,000 without it being considered a taxable distribution, but we welcome any amount. Plus, the deduction lowers the donor's taxable adjusted gross income. Donors must follow the IRS QCD rules to avoid paying taxes on the donation, and all donations must be received by December 31 to qualify. If you need information or wish to coordinate the receipt of a QCD donation, please contact us at 703-281-0538.

Thank you to our 2025 Congregational Advisory Council

TOV Baha'I Faith Community
 Christ the King Lutheran
 Church of the Holy Comforter
 Emmanuel Lutheran
 Emmaus UCC
 First Baptist Church
 Good Shepherd
 Oakton UMC
 Our Lady of Good Counsel

St Francis Episcopal
 St. John Neumann
 St. Mark
 Unity of Fairfax
 Vale Methodist
 Vienna Baptist
 Vienna Presbyterian
 Wesley UMC



CAC Volunteers left to right: Casey Tarr, Dolly Whalen, Carolyn Pennington, Linda Shearer, Linda Puff, Terry Lowry, Susan Baur, and Marsha Komandt, CAC Board Chair

The mission of the CAC is to serve as an interfaith and community forum for the communication and coordination between SCNOVA and local faith and civic organizations to better serve older adults in our communities. These organizations share unique perspectives on congregant needs, service opportunities, and special events that enhance the well-being of persons of all ages in the community. The group hosts an annual Interfaith Thanksgiving Celebration Service, open to the broader community, that fosters fellowship, gratitude, and connection among people of diverse faith traditions. Looking ahead, the CAC seeks to expand participation among faith and civic organizations to strengthen its collective impact and better serve older adults throughout the community.

We extend our heartfelt gratitude to the Shepherd's Center of Northern Virginia Board, staff, volunteers, friends, sponsors, and supporters. Your unwavering support and service make our mission possible. As a result, 97% of SCNOVA participants reported feeling more positive, more secure, and more connected to their community through our programs and volunteer engagement.

"Knowing the Shepherd Center programs are available to me cuts down on my stress. If not for the Shepherd's Center, I'd have to move!"

- Pat B., transportation participant

This volunteer ride program has tremendously impacted my daily life with both peace of mind and knowing that drivers are dependable. I consider your drivers angels and a Godsend. Everyone has been so caring and made me feel safe and sound. I can't praise you enough."

- Kate C, transportation participant