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MEDIA RELEASE

Shepherd's Center of Northern Virginia
Welcomes New Executive Director



Carolyn Pennington, Executive Director, SCNOVA

Vienna, VA – The Shepherd's Center of Northern Virginia (SCNOVA) Board of Directors has named Carolyn Pennington as the nonprofit's new Executive Director.

"We are very pleased to announce the recruitment of Carolyn as our new Executive Director at SCNOVA. Carolyn is a long-time Northern Virginian with deep roots in the community and an extraordinary array of contacts throughout the area. She has been a committed supporter of SCNOVA over many years, and her extensive background in senior living services in the region will be very valuable in advancing our mission. Finally, she has a strong dedication to serving seniors as they age safely and securely in a supportive and enriching environment. We welcome her to our team as we strive to create "A World Without Loneliness." said Scott Schroth, Chairman of SCNOVA's board.

"It is with great pleasure that I pass the Executive Director baton to Carolyn. She is coming to us with a wealth of knowledge and experience in serving older adults. Carolyn will bring an awareness and great compassion to her new role." said Jayne Young, Interim Executive Director.

Carolyn was brought up in Vienna and now lives in Reston. Having worked in Great Falls and having associations with Dementia Friendly, Herndon and the Alzheimer's Association – Walk to End Alzheimer's along with other local community and professional networks that support older adults she knows the SCNOVA area extremely well. Carolyn lives with her husband and daughter who all love travelling together and doing anything outdoors.

About SCOV:

Founded in 1998, and celebrating its 23rd anniversary this year, the Shepherd's Center of Northern Virginia is a volunteer-based nonprofit organization dedicated to promoting and supporting purposeful, independent living for adults (50+) to age in place. The unique approach employed by the agency allows volunteers to give their time providing vital services to more venerable adults by promoting and supporting FREE transportation assistance, support services, lifelong learning and cultural enrichment opportunities.

As the country's population is living longer and oftentimes isolated from family support, "aging in place" becomes a challenge. The concept of volunteers helping seniors truly defines the spirit and purpose of the Shepherd's Center of Oakton-Vienna. **Their personal enrichment and volunteer opportunities reaches more than 3,000 older adults (50+) in the region.**

Each year more than 250 volunteers at SCNOVA serve as medical drivers, companion drivers, friendly callers and visitors, health and wellness educators, office assistants, fundraisers, and grant writers. Volunteers also run programs such as SCNOVA's Lunch n' Life, Adventures in Learning, trips and outings, special events, and the caregivers' support group.

To volunteer, donate or learn more about how you can help, visit their website at www.scnova.org Or contact the office at 703-281-0538, office@scnova.org. Be sure to visit and LIKE and SHARE their page on Facebook.

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