



Spotlight

www.scov.org

Celebrating 21 Years of Service to the Community
A World Without Loneliness

SCOV 2019 — A Year In Review



Dear Friends,

As 2019 draws to a close, we are rewarded with wonderful memories of the experiences we've shared during the past year. From our Senior Social Programs, trips, and many AIL

educational classes, to our special luncheons, yard sale, and annual Gala, we delight in our new friends and treasure the times we've shared with "old" friends. We hope that this special issue of *Spotlight* helps you share in the joy that permeates our organization – our friends, clients, sponsors, and volunteers.

After reflecting on the past year, we believe there are three words that best capture the spirit of SCOV.

Energizing. When we first joined the Board many years ago, we heard stories about the passion people have for SCOV, but only now do we understand the depth, love, and commitment they share. It's so energizing.

Active. Not a week goes by without hosting or planning another exciting event. We are truly an active and vibrant organization!

Inspiring. Every aspect of SCOV inspires us. Our volunteers' energy. The meshing of our goals with those of our community. Our partners. Our sponsors. The memories of those we have lost. And the dozens of thank-you's we receive such as "What would we do without Shepherd's Center of Oakton-Vienna? They make a difference in our lives! (M.G.)" and "Thank you so much for all the good that you do." (Kathy T)

As 2020 unfolds, we look forward to continuing our expansion into Reston and Herndon and the successful growth of our socialization and engagement programs.

Wishing you a very happy holiday season and peaceful New Year,

Bill Farrell
Board Chairman

Patti Vaughn
Board Vice President



2019 Gala Memories

Gala Co-chairs Jayne Young & Tom Portman



"We lit up the night on October 20 at Westwood Country Club as Gala guests turned on their cell phone flashlights after making a donation to aid our Vision: *A World without Loneliness*," says Gala Co-chair Jayne Young. "All 250 guests seemed to embody the Gala's theme of 'Celebrating All Who Serve' throughout the evening's activities," said Co-chair Tom Portman.

The Wine Pull, organized by our Board of Directors and directly benefiting veterans, elicited many smiles as some guests "pulled" wine valued at over \$100.

Silent Auction Chair, Leigh Banducci, labeled the Auction "A tremendous success thanks to our 400 bidders and donors of 109 items, who helped us to raise over \$14,400 for SCOV." BidPal technology facilitated on-line item bidding for the first time to help users shop packages, place bids, and monitor their bidding activity on their cell phones or from home. United Bank Vienna and Chainbridge Technologies volunteers were on hand to register our guests and answer bidder's questions.

After dinner SCOV kudos were given by Congressman Gerald E. Connolly, House of Delegates' member, Mark L. Keam, and Title Sponsor, Len Adler, of the Adler Foundation. Two new SCOV videos were viewed – one featuring our volunteers and the other, our Veteran's Initiative featuring Col. William Rocky and SCOV Board member, Steve Haraczak.

Guests then "rocked" into the night as they danced to Bobby McKey's *Dueling Pianos*' music.



Wine Pull at the Gala

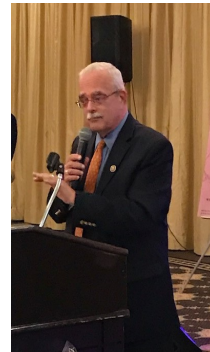
Stephanie Arnall;
Tom Portman



(From L) Ann Booker; Rema Smith; Edith Lorah;
Nancy & Thomas Appler; Susan d. Garvey



(From L): Supervisor Hunter Mill District
Catherine Hudgins; Katherine Hanley;
Bruce Vaughn/VLP Financial Advisors;
Walter Alcorn, Hunter Mill District
Supervisor Elect



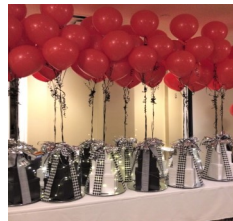
(Left): House of Delegates
Member Mark L. Keam;
(Right): Congressman
Gerald E. Connolly



(From L): John & Barbara Tate;
Bill Farrell



(From L): Gala Co-chair Jayne Young;
Silent Auction Chair, Leigh Banducci



(4th from R): SCOV Executive Director
Susan d. Garvey & Kaiser Permanente guests

Our Gala sponsors support our mission and no-cost driving services. Please shop their services.

Title Sponsor: The Adler Foundation

Wine Sponsors: Chainbridge Technologies;
Kaiser Permanente; Odin, Feldman, Pittleman, LLC;
VPC Missions; Vienna Presbyterian

Entertainment Sponsor: Wardrobe Rescue

Photo Booth Sponsor: Rotary Club of Vienna

Platinum Sponsors: Dignity; Druscilla French/
Stephen Cumbie Charitable Fund; Money & King
Funeral Home; VLP Financial Advisors

Gold Sponsors: Arbor Terrace, Capital Caring, Fairfax
Rehab and Nursing Center; Harmony at Chantilly; Ortho
Virginia; Ultimate CNG, LLC; The Kensington; Virginia Cancer
Specialists

Silver Sponsors: Bright View; Coldwell Bankers; Doc
Talker; Freeman & Sherburne, Inc.; Goodwin House; Mitchell
& Morin Eye Institute; Northern Virginia Pulmonary and Critical
Care Associates, P.C.; United Bank; Virginia Heart; Walmart;
The Woodlands; Vienna Floors

Knights of Columbus Breakfast
St John Neumann, Reston



Caregiver's Treat Luncheon



(From L): Caregiver's Treat
Chairwoman Casey Tarr;
Linda Bayer, SCOV



Coffee/Wine Bartenders
(L-Rt.): Thom, Jim, Phil



Clergy Breakfast

Look At All We Did Together in 2019!

Dining With Dorothy – 9 luncheons
Great Decisions Book Club – 7 sessions
SCOV Newsletter Mail Outs – 4 sessions
Drivers Breakfast & Coffee Chats – 3 sessions

JANUARY

Adventures in Learning (AIL) Open House
Winter Term Thru March

FEBRUARY

Lunar New Year Celebration
Volunteer Heart-to-Heart Breakfast

MARCH

Turkish Experience Trip
Lunch n' Life — Vienna Community Theatre
Congregational Advisory Committee

APRIL

AARP Smart Driver Class
Volunteer Appreciation Luncheon
AIL Spring Term Thru June — Open House

MAY

UUCF Yard Sale
Civil War Tour
Coffeeshouse/Wine Bar
Lunch n' Life — Washington-Tokyo Women's Chorus

JUNE

Singin' in the Rain, Next Stop Theatre
Bingo/Ice Cream Social
Fabulous Dialtones, Jammin Java

AUGUST

Clergy Breakfast

SEPTEMBER

Caregiver's Treat
Bentwood Rockers, Jammin Java
Lunch N' Life — Elaine Flynn Performance
AIL Fall Term Thru November (Open House)
Congregational Advisory Committee

OCTOBER

AARP Smart Driver Class
2nd Annual SCOV 2019 Gala

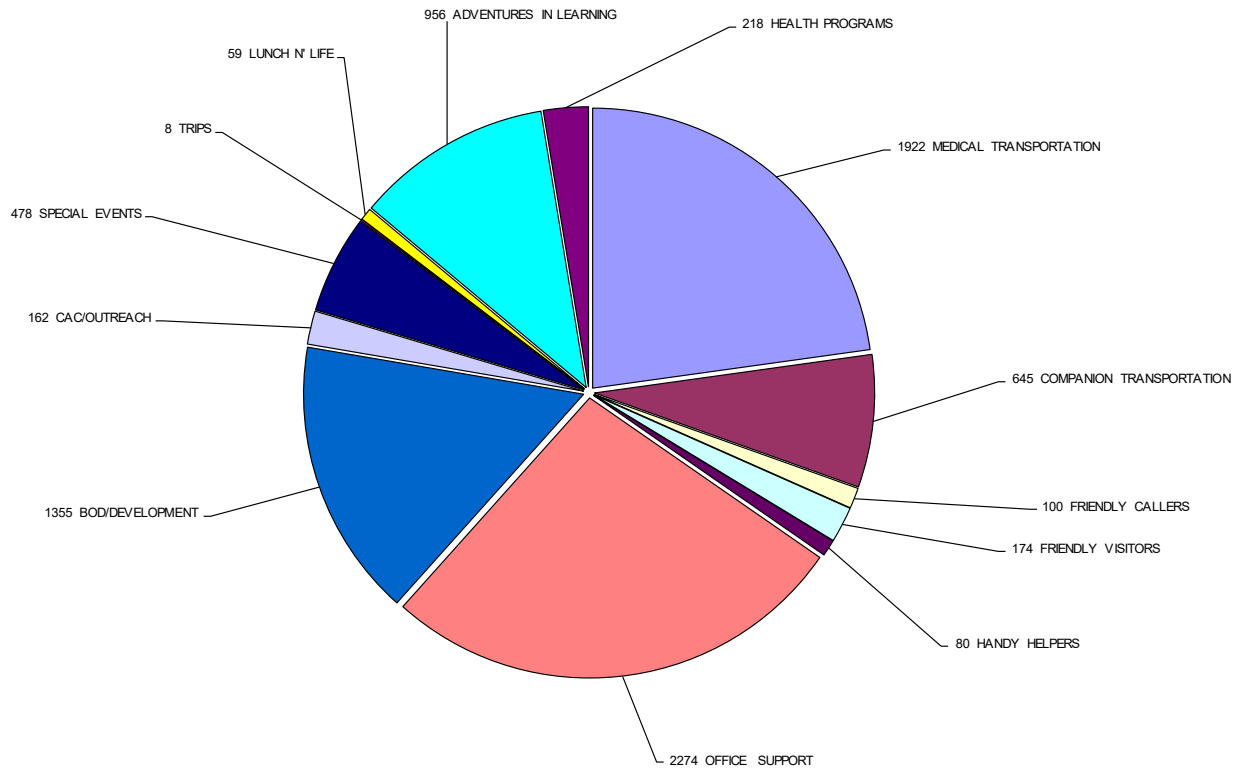
NOVEMBER

Thanksgiving Luncheon
Giving Thanks Service

DECEMBER

SCOV Holiday Party

VOLUNTEER HOURS 2019



Volunteer Appreciation Luncheon —
Volunteer Award Winners



UUCF Yard Sale Volunteers



Thanksgiving Lunch Volunteers & Staff

THANK YOU
Volunteers!
We couldn't do it without you



For many families, this is the most wonderful time of the year. Loved ones and friends get together to celebrate holiday traditions and reflect on the past year while making resolutions for the New Year and all the hopes and promises it holds.

We have inserted our annual Holiday Appeal letter in our December 2019 *Spotlight* newsletter to serve as a reminder of all you have done by supporting our mission and the impact you have made by helping hundreds of seniors, their caregivers, Veterans and adult children feel less lonely and connected this year. You have said YES! I want to help create



“A World Without Loneliness!”

Over the past year, we’ve heard stories on how we were instrumental in improving the lives of spouses, parents and adult children by encouraging them to make new friends and participate in the opportunities we offer for social engagement, intellectual stimulation, physical activity and independence. That makes us so happy! This year we also answered the need for a Shepherd’s Center presence in Reston and Herndon, allowing us to impact even more people with our vision and mission.



I have some great stories to share with you! The first is Kathy, an adult child who works full time and lives an hour away from her 91-year-old dad. She shared with me, “It’s nice to know I’m the back-up plan; that’s a great peace of mind for me. I know Dad enjoys being involved and making new friendships.” Her dad is active and volunteers for us. Another daughter, Cheryl said, “The minute Mom went to her first Adventures in Learning (AIL) class she was sold on it. The value of the program, having a place to go, expands her knowledge and appreciation of the world.” Cheryl also shared that because of SCOV, she doesn’t have to retire knowing SCOV and our volunteers are there for her mom. Her mom is a volunteer, too.



Our core service is FREE transportation to and from medical appointments or weekly errands such as the grocery store, the pharmacy or the bank. This service is run by our 250+ vetted volunteers who are willing to give of their time to help seniors by escorting them to their appointments; our drivers wait for them and then drive them safely home. ***Research indicates that the average round trip ride we provide for free would cost \$52.00 in a taxi!****



During this season of reflection and gratitude, please think about the seniors in our communities who are alone and need your support. Your gift to the SCOV 2019 Holiday Fund will allow us to continue to answer the need by providing programs and services that help everyone fully experience all that this magical season has to offer. Please open your hearts and impact a life by returning the enclosed SCOV donation envelope with your end-of-the-year, tax-deductible gift today. Thank you for your support.



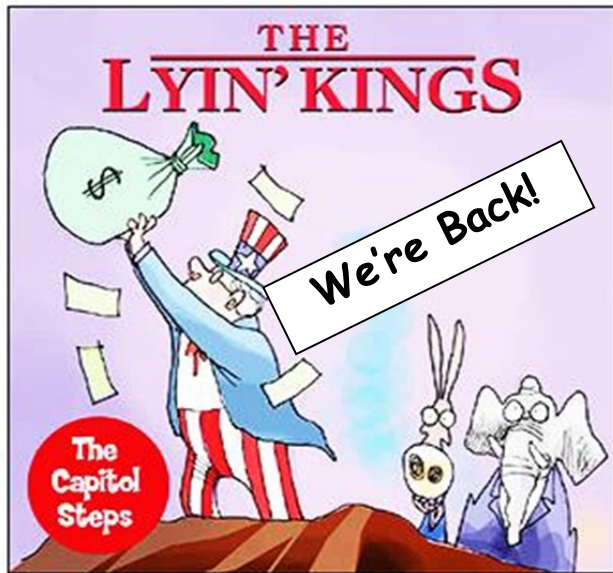
Susan
Susan d. Garvey
Executive Director

Shepherd’s Center of Oakton-Vienna is a 501 (c) (3) non-profit organization dedicated to improving the quality of life as we age. Tax ID: 54-1882048

*rome2rio’s travel guide



Join us for our many SCOV upcoming 2020 events



Shepherd's Center of Oakton-Vienna
Presents

Capitol Steps—March 15, 2020

Dessert Reception: 3:30 pm
The Show: 4:30 pm

Fairfax High School
3502 Rebel Run
Fairfax, VA 22030
(only 2.2 miles from Shepherd's Center)

This show is amazing. It's huge. It's green. It's liberal. It's conservative. It has nothing to do with Russia or collusion. The Capitol Steps, a Washington D.C.-based comedy troupe presents The Lyin' Kings. What could be more fun than seeing this show during an election year as they make comedy great again.

Proceeds benefit the programs and activities of Shepherd's Center of Oakton-Vienna.

JANUARY 2020

17- Feb. 1 Reston Community Players: Ken Ludwigs, The Game's Afoot with SCOV Exec. Director, Susan d. Garvey

23 AIL Winter Open House & Registration

30 AIL classes begin

FEBRUARY 2020

11 Senior Social: Valentine's Luncheon

13 No AIL class

MARCH 2020

9 Lunch n' Life

15 Capitol Steps, Fairfax High School

APRIL 2020

15 Volunteer Appreciation Luncheon

16 AIL Spring Open House & Registration

MAY 2020

2 Annual UUCF Yard Sale

11 Lunch n' Life

JUNE 2020

12 Senior Social: Bingo & Ice Cream Social

SEPTEMBER 2020

3 Caregiver's Treat

14 Lunch n' Life

17 AIL Fall Open House & Registration

OCTOBER 2020

18 SCOV 3rd Annual Gala

NOVEMBER 2020

17 Thanksgiving Luncheon

22 Community Thanksgiving Service

DECEMBER 2020

3 SCOV Holiday Party

Donating IRA Funds to a Charity in 2019. If you are 70-1/2 years or older and are required to take a required minimum distribution (RMD), you can "rollover" IRA funds as a donation. Retirees can give up to \$100,000 to charity tax-free from an IRA anytime during a year and have it count as your RMD. The money is NOT included in your adjusted gross income. Please keep SCOV in mind!

Please shop the **Pennywise Thrift Shop** at their new location – 214 Dominion Road, NE, Vienna. Due to a fire which closed their old location for 9 months, your support in 2020 will help them rebuild their charitable giving funds.



541 Marshall Road SW, Room 203
Vienna, VA 22180

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Merrifield, VA

SCOV Spotlight — 2019 *A Year in Review*

Shepherd's Center of Oakton-Vienna (SCOV)

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2019 Board of Directors & Committees

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Steve Haracznak, Development Committee Chair - steve5pit@aol.com
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Jayne Young, Volunteer Cmte. Co-Chair, Gala 2019 Co-Chair; Development Cmte.
- Jayneyoung069@gmail.com

NAVY
FEDERAL
Credit Union

SCOV thanks
Navy Federal Credit Union
for printing our newsletter!

[https://
www.navyfederal.org/](https://www.navyfederal.org/)